



Come for the game, stay for the food

235 Hoosick Street, Troy, New York • (518) 272-1702
www.recoverysportsgrill.com

WARM UPS

Chicken Quesadilla

Grilled chicken stacked over a flour tortilla, stuffed with Colby Jack cheese, Pico de Gallo and drizzled with chipotle sauce. Jalapeños are optional. Add guacamole

Steak Nachos

Tortilla Chips smothered with our chili, Colby and Jack cheeses, topped with diced tomatoes, black olives and jalapeños.

Sweet Potato French Fries

A large portion served with a sweet brown sugar coating and a side of golden BBQ sauce.

Mozzarella Hockey Sticks

Battered and fried to a golden perfection. Served with a side of zesty marinara sauce.

Southwest Egg Roll

Three crispy egg rolls with an exciting blend of Southwestern-style ingredients, deep fried until golden brown. Served with a chipotle ranch and a salsa dipping sauce.

Spinach Artichoke Dip

A blend of artichoke hearts, spinach and Asiago cheese. Served with warm chips, sour cream and salsa.

SLIDERS

Sliders on mini buns served with sweet potato French fries and Cattleman's Gold dipping sauce for a sure home run.

Cheeseburgers

Three juicy burgers topped with American cheese, lettuce and tomato served on toasted mini buns.

Southern Chicken Sandwich

Crispy, golden fried chicken served on toasted mini buns topped with American cheese, lettuce and tomato.

Buffalo Chicken Sandwich

Fried chicken tossed in a mild wing sauce and topped with Provolone cheese, lettuce and tomato served with bleu cheese dressing.

Hand Pulled Pork Sandwich

Three toasted mini buns stuffed with smoked hand pulled pork tossed in a tangy BBQ sauce and served with coleslaw.

SOUP

Vegetarian Broccoli and Cheddar Soup

Beef Chili

Soup of the day

CHICKEN WINGS

Our wings are always fresh, never frozen and coked in 100% vegetable oil.

Absolutely nobody does wings as well as we do!

Select Traditional, Boneless or Grilled. Drizzled with your choice of sauce, served with celery sticks, extra sauce and dressing for dipping.

10 • 20 • 30

Garlic Asiago

Garlic butter with Italian cheese and seasonings.

Margarita Wing Sauce

Honey, lime, and cilantro served with salt and a lime wedge.

Sweet BBQ

Sweet and tangy barbeque sauce.

Buffalo Bleu Wings

Creamy bleu cheese with medium sauce to create a local favorite.

Mild

Traditional Buffalo wing sauce, but not too spicy.

Cheerleader

This sweet n' sassy sauce is sure to light up your taste buds.

Chipotle BBQ

This barbeque sauce finishes with some heat.

Medium

Traditional Buffalo wing sauce, not too hot, not too mild.

Thai Sweet Chili

Sweet, spicy and garlic, Far east style!

Hot

This is our hot and spicy wing sauce.

Wings Sampler

Can't decide? No problem! Choose up to three of our unique wing sauces to try or share. **9.99**

SALADS

Cardinal Salad

Our signature tasty pecan encrusted chicken, fresh mozzarella, grape tomatoes, red onions and basil served over spring mix with balsamic vinaigrette drizzle.

Chopped Southwest Salad

Mouth watering grilled chicken served on a bed of crisp Romaine lettuce, corn, black beans, Pico de Gallo and shredded Colby Jack, tossed in ranch with a chipotle drizzle.

Spring Training Salad

Crispy chicken tenders, diced cranberries, bleu cheese crumbles, pecans and diced apples, tossed with apple vinaigrette. Add grilled shrimp

Caesar Salad

Crispy Romaine lettuce, grape tomatoes with shredded Asiago, tossed in Caesar dressing with grilled or pecan encrusted chicken breast. Substitute salmon or grilled shrimp

Roast Turkey Cobb Salad

Our twist on a classic! Savory sliced roast turkey breast, mixed greens, boiled egg, grape tomatoes, black olives, cheddar and bleu cheeses with your choice of dressing.

Carolina Salad

Crispy chicken tenders, mix of Romaine lettuce and spring mix, dried cranberries, chopped pecans, shredded cheese and a side of honey dijon dressing.

PIZZA

Chicken Pesto Pizza

Pesto base, grilled chicken, tomatoes, sweet onions, shredded mozzarella and Asiago cheeses.

Buffalo Chicken

Medium wing sauce and creamy bleu cheese topped with Buffalo chicken and shredded Colby Jack.

Veggie Pizza

Spinach, artichoke hearts, portobella mushrooms, sweet onions, tomatoes and mozzarella cheese.

Cheese Pizza

A classic mozzarella cheese pizza made with our zesty homemade sauce. 6.49
Load it with pepperoni

BURGERS

All burgers served with french fries. Substitute sweet potato french fries for 1.00.

Home Run Burger

Huge n' juicy grilled burger with lettuce, tomato and onion. Add cheese and bacon **8.99**

Triple Play Burger

Mouthwatering grilled burger with BBQ sauce, bacon, cheddar cheese and piled high with crispy onion straws, lettuce, tomato and onion.

Portobella Burger

Grilled burger coated with garlic peppercorn seasoning, topped with sautéed portobella mushrooms and smothered with provolone cheese, served with lettuce, tomato and onion.

Pepper Jack Burger

This grilled burger is topped with Pepper Jack cheese, jalapeños and a Smokey Ancho Chipotle sauce.

Bleu Cheese Burger

Grilled burger covered with creamy bleu cheese topping, served with lettuce, tomato and onion.

Turkey Burger

Fresh ground turkey burger seasoned with parsley, breadcrumbs, Asiago cheese and finished with a layer of Swiss cheese, served with lettuce, tomato and onion. Add guacamole

PANINIS

All paninis served with french fries. Substitute sweet potato french fries for 1.00.

Grilled Chicken Panini

Served with fresh mozzarella, tomato and pesto sauce on toasted Panini bread.

Veggie Panini

Spinach, artichokes, portobella mushrooms, caramelized red onions and tomatoes, served on basil Focaccia bread.

Turkey Spinach & Artichoke Panini

Turkey, tomato, caramelized red onions, artichokes and spinach, served on basil Focaccia bread.

SANDWICHES

All sandwiches served with coleslaw and french fries. Substitute sweet potato french fries for 1.00.

Grilled Chicken Sandwich

Grilled chicken breast covered with melted cheddar cheese, crispy bacon and chipotle sauce, served on a toasted roll.

Buffalo Chicken Sandwich

Crispy breaded chicken breast tossed in Buffalo sauce with bleu cheese dressing and provolone cheese, served on a toasted roll.

Pitcher's Pulled Pork

A hefty portion of smoked pulled pork smothered in BBQ sauce, served on a toasted roll with our creamy coleslaw. Add cheddar

Combo Play Corned Beef Reuben

This corned beef classic is served with all of the traditional ingredients - Swiss

cheese, sauerkraut and Thousand Island dressing.

French Dip

Roast beef layered with Swiss cheese and horseradish, served on Ciabata bread with a side of au jus.

Philly Cheese

Slowly cooked roast beef smothered with sautéed peppers, onions and melted provolone cheese. Served on a toasted footlong hoagie roll with a side of horseradish mayonnaise.

GAME TIME GRILLIN'

Add a House or Caesar Salad to any entree for 2.49

NY Strip Steak

Juicy 14 oz.* NY Strip grilled to perfection and served with your choice of two sides.

Flat Iron Steak

Tender 8 oz.* flat iron steak grilled the way you like it and served with your choice of two sides.

Smothered Steak

Succulently seasoned 8 oz.* flat iron steak smothered with creamy bleu cheese topping, sautéed portobella mushrooms and served with your choice of two sides.

Dave's World Famous Baby Back Ribs

Fall off the bone BBQ ribs served with creamy coleslaw and sweet potato fries with a brown sugar sprinkle. Half Rack or Full Rack

* Approximate pre-cooked weight

SEAFOOD SLAM DUNKS

Add a House or Caesar Salad to any entree for 2.49

Goalie Glazed Salmon

Atlantic salmon filet lightly glazed with sweet chili sauce, served with seasonal vegetables and brown rice pilaf.

Grilled Shrimp Penne

Grilled jumbo shrimp with Asiago sauce, scallions, grape tomatoes and a creamy Alfredo sauce poured over a hefty layer of penne pasta.

Fish & Chips

An 8 oz. cod fillet prepared in a crispy New England style breading. Served with fries, coleslaw and tartar sauce.

CHICKEN

Add a House or Caesar Salad to any entree for 2.49

Pecan Encrusted Chicken

Try our signature pecan specialty. A tasty chicken breast encrusted in a pecan blend breading, served with fresh seasonal vegetables and smashed potatoes.

Grilled Chicken Penne

Lightly seasoned chicken breast tossed with broccoli, grape tomatoes and Asiago sauce, served over a layer of penne pasta.

Grilled Chicken

Chicken breasts marinated to superb juiciness, served with seasonal steamed vegetables and brown rice pilaf or smashed potatoes.

If you have certain medical conditions such as allergies please inform your server prior to orderings. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked.

Our foods are fried in trans-fat free oil.